



# Golden View Activity Calendar

## September 2010



Sun

Mon





Tue

Wed

Thu

Fri

Sat

ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE		1	2	3	4	
<b>5</b> 7:00 BREAKFAST 7:30-10:00 ADL'S 10:00 Church/Family Visits 11:30 LUNCH 1:00 Paper Shading 2:00 Snack Attack 4:00 DINNER 6:00 Nightly News 7:30 Dispense Meds	<b>6 Labor Day</b>  7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Walk About 11:30 LUNCH 2:30 Play Dough 3:00 Crunchy Snack 4:00 DINNER 6:00 I Love Lucy 7:30 Dispense Meds	<b>7</b> 7:00 BREAKFAST 7:30-10:00 ADL'S 11:00 Seniorcise 11:30 LUNCH 1:30 Crunch N'Munch 2:00-3:00 <b>Rex Paris Sings</b> 4:00 DINNER 6:00 Jeopardy 7:30 Dispense Meds	<b>8</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 2:00-3:00 <b>Doug Anderson</b> 4:00 DINNER 6:00 Let's Make A Deal 7:30 Dispense Meds	<b>9 Banning Stage Coach Days</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Chair dance 11:30 LUNCH 2:00 Flower Arranging 4:00 DINNER 6:00 Evening News 7:30 Dispense Meds	<b>10</b> 7:00 BREAKFAST 7:30-10:00 ADL'S 11:00 Toss the Ball 11:30 LUNCH 2:00 Crunch N' Munch 3:00 Horse Racing 4:00 DINNER 6:00 I Love Lucy 7:30 Dispense Meds	<b>11</b>  7:00 BREAKFAST 7:30-10:00 ADL'S 11:00 Lawn Bowling 11:30 LUNCH 1:00 BINGO 2:00-3:00 <b>Rex Paris Sings</b> 4:00 DINNER 6:00 Lifetime movie 7:30 Dispense Meds
<b>12</b> 7:00 BREAKFAST 7:30-10:00 ADL'S 10:00 Church/Family Visits 11:30 LUNCH 2:00 Tasty Treats 3:00 Card Games 4:00 DINNER 6:00 Nightly News 7:30 Dispense Meds	<b>13</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Sit N' Be Fit 11:30 LUNCH 2:30 Brain Games 3:00 Snack Attack! 4:00 DINNER 6:00 Gospel on tape 7:30 Dispense Meds	<b>14</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Move to the Groove 11:30 LUNCH 1:30 Fun with Colors 2:00-3:00 <b>Rex Paris Sings</b> 4:00 DINNER 6:00 Millionaire 7:30 Dispense Meds	<b>15</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Sit N' Be Fit 11:30 LUNCH 1:00 Fruit Snack 3:00 Name that Tune 4:00 DINNER 6:00 Evening News 7:30 Dispense Meds	<b>16</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 1:30 BINGO 2:00 Snack attack 4:00 DINNER 6:00 TMZ 7:30 Dispense Meds	<b>17</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Seniorcise 11:30 LUNCH 1:00 Movie & Popcorn 4:00 DINNER 6:00 Gospel on Tape 7:30 Dispense Meds	<b>18</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Chair Dance 11:30 LUNCH 1:00 Jigsaw Puzzle 2:00-3:00 <b>Duke Michaels</b> 4:00 DINNER 6:00 Fox News 7:30 Dispense Meds
<b>19</b> 7:00 BREAKFAST 7:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 2:00 Word Find 3:00 Cookies & Milk 4:00 DINNER 6:00 Nightly News 7:30 Dispense Meds	<b>20</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 2:00 Card Games 3:00 Snack Attack! 4:00 DINNER 6:00 I Love Lucy 7:30 Dispense Meds	<b>21</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Sit N' Be Fit 11:30 LUNCH 1:30 Picture Puzzle 3:00-4:00 <b>Rex Paris Sings</b> 4:00 DINNER 6:00 Comedy on Tape 7:30 Dispense Meds	<b>22</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 1:00-2:00 <b>Doug Anderson</b> 2:00 Crunch N' Munch 4:00 DINNER 6:00 AMC Movie 7:30 Dispense Meds	<b>23</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Chair Dance 11:30 LUNCH 1:30 Horseshoes 3:00 Tasty Treats 4:00 DINNER 6:00 AMC Movie 7:30 Dispense Meds	<b>24</b> 7:00 BREAKFAST 7:30-10:00 ADL's 10:00 Move to the groove 11:30 LUNCH 1:00 Brain Games 3:15 Fruit Snack 4:00 DINNER 6:00 I Love Lucy 7:30 Dispense Meds	<b>25</b> 7:00 BREAKFAST 7:30-10:00 ADL's 10:00 Sit N' Be Fit 11:30 LUNCH 1:00 BINGO 3:00 Pudding me on! 4:00 DINNER 6:00 Lawrence Welk 7:30 Dispense Meds
<b>26</b> 7:00 BREAKFAST 7:30-10:00 ADL's 10:00 Church/Family Visits 11:30 LUNCH 2:00 Flower Arranging 3:00 Chewy Chocolate Treat 4:00 DINNER 6:00 Nightly News 7:30 Dispense Meds	<b>27</b> 7:00 BREAKFAST 7:30-10:00 ADL's 10:30 Lawn Bowling 11:30 LUNCH 2:30 Fun with Colors 3:00 Tasty Treats 4:00 DINNER 6:00 Golden Girls 7:30 Dispense Meds	<b>28</b>  7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Exercise 11:30 LUNCH 3:00-4:00 <b>Birthday Celebrations w/Rex</b> 4:00 DINNER 6:00 Jeopardy 7:30 Dispense Meds	<b>29</b> 7:00 BREAKFAST 7:30-10:00 ADL'S 11:00 Disco Moves 11:30 LUNCH 1:30 Snack Attack 2:30 Brain Games 4:00 DINNER 6:00 Nightly News 7:30 Dispense Meds	<b>30</b> 7:00 BREAKFAST 7:30-10:00 ADL's 11:00 Walking & Wheeling 11:30 LUNCH 1:30 Sing Along 4:00 DINNER 6:00 Gospel Music 7:30 Dispense Meds	<b>Happy Birthday!</b>  2nd Marie Leavitt 17th Esther Airey 24th Thelma Nichols	